

2017 ANNUAL REPORT

learnyourlipids.com



BOARD OF DIRECTORS

President

Anne C. Goldberg, MD, FNLA
Washington University Medical School
St. Louis, MO

Vice President

Vacant

Secretary

Michael H. Davidson, MD, FNLA
The University of Chicago Pritzker School of
Medicine
Chicago, IL

Treasurer

Penny Kris-Etherton, PhD, RD, FNLA
Penn State University
University Park, PA

At-Large Board Members

Thomas P. Bersot, MD, PhD, FNLA
Gladstone Institute
San Francisco, CA

Vera Bittner, MD, MSPH, FNLA
University of Alabama at Birmingham
Birmingham, AL

Wenter Blair Anderson
Patient Advocate
Frisco, TX

Alan S. Brown, MD, FNLA
Midwest Heart Specialists
Naperville, IL

James M. Falko, MD, FNLA
University of Colorado
Denver, CO

JoAnne M. Foody, MD
Brigham & Womens Hospital
Boston, MA

Linda C. Hemphill, MD, FNLA
Massachusetts General Hospital
Boston, MA

Paul N. Hopkins, MD, MSPH, FNLA
University of Utah
Salt Lake City, UT

Ann M. Liebeskind, MD, FNLA
Mobile Health Team Lipids Clinic
Neenah, WI

James A. Underberg, MD, MS, FNLA
New York University
New York, NY

Paul E. Ziajka, MD, PhD, FNLA
Florida Lipid Institute
Winter Park, FL

Executive Director

Lindsay W. Hart
Jacksonville, FL

OUR MISSION

*The Foundation of the National
Lipid Association is a patient
focused nonprofit organization
dedicated to improving the
welfare of patients and families
affected by cholesterol and
triglyceride problems.*

PRESIDENT'S MESSAGE

This past year was exciting for the Foundation. We updated our mission and vision statements, designed and launched a brand-new website (learnyourlipids.com), and held multiple events in conjunction with the 2017 NLA Meetings that brought awareness to the Foundation. We supported and awarded multiple honors including the Hunninghake FH Abstract Award, the W. Virgil Brown Distinguished Clinician Award (in conjunction with the NLA), and the inaugural Clinician/Educator Award.

MISSION • VISION • VALUES

The Foundation Board of Directors met in January 2017 to discuss new goals, strategy and upcoming plans. The discussions at this meeting led to a new mission, vision and values that we will now operate under moving forward:

Mission: The Foundation of the National Lipid Association is a patient focused nonprofit organization dedicated to improving the welfare of patients and families affected by cholesterol and triglyceride problems.

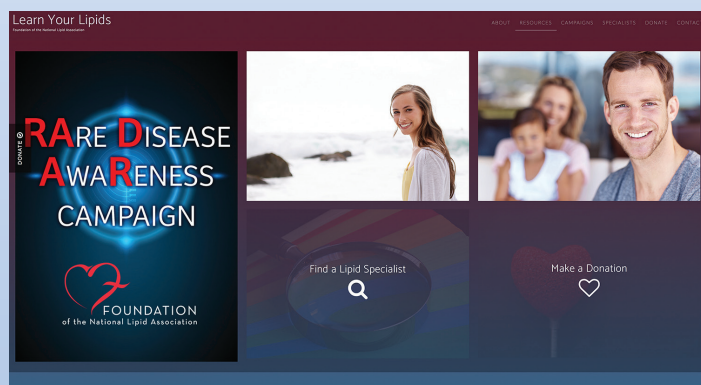
Vision: Supporting patients and families with cholesterol and triglyceride problems with education, awareness, and advocacy in order to decrease suffering and death. The Foundation supports the initiatives of the National Lipid Association.

Values: Education – Awareness – Advocacy

Ultimately, the Foundation will focus on providing education and materials to help patients and their families with lipid problems. The concentrations will be on rare disease awareness and the impact of lipid disorders on children.

WEBSITE

In July 2017, the Foundation re-launched learnyourlipids.com to be disease-state focused in conjunction with the RADAR Campaign. The website allows patients to identify their lipid



disorders, get the information they need to understand their health, and find a lipidologist or lipid specialist in the United States and Canada. Patients have access to basic information on familial hypercholesterolemia (FH) and familial chylomicronemia syndrome (FCS) as well as basic cholesterol and triglyceride related materials. The current highlight of the new website is the FCS patient cookbook. Thank you to the NLA Nutrition Work Group for its leadership in developing and testing the fabulous recipes, resources, and materials. The website and resources will expand, so please continue to visit the site.

HONORS AND AWARDS

The Foundation continues to offer several prominent honors and awards each year that recognize individuals in the field of lipidology. 2017 was no exception, filled with another year of excellent recipients and honorees:

Donald Hunninghake, MD, Familial Hypercholesterolemia Abstract Award

Created in honor of Donald Hunninghake, MD, the Foundation continues to offer the Hunninghake FH Abstract Award for the best Familial Hypercholesterolemia abstract presented at the NLA Annual Scientific Sessions. The 2017 recipient of this award was Sarah de Ferranti, MD, MPH, for her abstract, "Pediatric Familial Hypercholesterolemia: Children and Adolescents Enrolled in the CAscade SCreening for Awareness." The Foundation strives to improve patient outcomes by supporting FH research and looks forward to continuing this award.

W. Virgil Brown Distinguished Achievement Award & Lectureship

The W. Virgil Brown Distinguished Achievement & Lectureship Award, presented annually at the NLA Scientific Sessions, honors outstanding contributions in the diagnosis and treatment



of lipid disorders and is the highest award bestowed by the National Lipid Association (NLA) and the Foundation of the NLA. The 2017 award was presented in Philadelphia to Robert Eckel, MD, and Dr. Eckel gave the inaugural lecture entitled, "Lipoprotein Metabolism: From Bench to Lifestyle/Cholesterol Guidelines."

We would like to specially thank the Dyslipidemia Foundation of Boston for its donation in support of the award.

Clinician/Educator Award

The Foundation gave out the first annual Clinician/Educator Award honoring an NLA member who demonstrates continued excellence in clinical care of patients with lipid disorders and/or excellence in the field of clinical lipidology. I was honored and humbled to be selected as the inaugural Clinician/Educator Award recipient by a multidisciplinary group of select Foundation Board Members.

The Clinician/Educator Award is made possible with support from the Aaron and Lillie Straus Foundation.

Memorial Wall

The Memorial Wall is presented at the NLA Annual Scientific Sessions each year to posthumously honor the leaders and pioneers who were instrumental in shaping the field of clinical lipidology. The Scientific Sessions is selected as the home for this Memorial in order to allow those healthcare providers, researchers, and academics who continue to be greatly impacted by the work and influence of the honorees to visit and pay their respects.

In addition to the live presentation at the NLA Scientific Sessions, the Memorial Wall is posted on the NLA's website for members and nonmembers of the organization to view year-round. Each year, the Foundation Board Members, along with the NLA Board Members, discuss the list of honorees and ensure that the Memorial is updated with any significant individuals who have passed. These pioneers will continue to be remembered for their outstanding contributions to lipidology. To visit the memorial wall online, visit lipid.org/memorialwall.

FOUNDATION EVENTS



The Foundation hosted three successful events in 2017, held in conjunction with the three NLA meetings: a walking food tour in Phoenix, The Foundation Gala in Philadelphia that celebrated the 15th Anniversary of the NLA with a night of dancing and casino games, and a fun evening with Dr. Alan Brown's band, This End Up, in

Indianapolis. Thank you to all attendees, individual donors, and corporate sponsors that made the 2017 events possible. The 2017 Foundation events provided exciting opportunities for the attendees at the NLA meetings to meet, socialize, and enjoy spending time with their families and colleagues while supporting the efforts of the Foundation. We look forward to seeing you at the 2018 Foundation events.

Ralph Vicari, MD, FNLA



It is important that we take some time to honor and remember an important inaugural board member, colleague, and friend that we lost last year: Ralph Vicari, MD, FNLA. Dr. Vicari was the President-Elect of the Foundation and great friend to many. He was very active in cardiovascular research and served twelve years as the Research Director for Melbourne Internal Medicine Associates. He was principle investigator for more than 150 research studies and authored or co-authored more than two dozen papers in peer reviewed journals including the *Journal of Clinical Lipidology* and the *New England Journal of Medicine*. Dr. Vicari's passion was primordial prevention, and he worked constantly with the Brevard County School system, the FNLA and the Florida Committee of SELA to advocate cardiovascular risk reduction in children and adolescents. He will be missed tremendously.

The Foundation remains focused on its mission of improving the welfare of patients and families affected by cholesterol and triglyceride problems by continuing to provide valuable resources to both patients and healthcare providers. With your support we are able to continue our efforts, grow our reach and develop new tools and information resources.

Please consider supporting the Foundation in 2018 either by attending one of our events, making a donation on our website or spreading the word about the work of the Foundation. For more information on the Foundation and its initiatives, visit learnyourlipids.com and lipidfoundation.org.

As always, thank you for your support of the Foundation, and I look forward to building on this success in the coming year! I look forward to seeing each of you in 2018.

Anne Carol Goldberg

Anne C. Goldberg, MD, FNLA
President

Foundation of the National Lipid Association

DONATIONS

The Foundation recognizes two contribution levels: Sustaining and Contributing. Sustaining donors make a gift of \$1,000 or more throughout the course of the year. All other private donations are considered Contributing donors. Every donation is greatly appreciated and helps make the Foundation projects and outreach possible.

Thank you to our Sustaining Donors 2017:

Alan S. Brown, MD, FNLA	Penny Kris-Etherton, PhD, RD, FNLA
W. Virgil Brown, MD, FNLA	Carl E. Orringer, MD, FNLA
Anne C. Goldberg, MD, FNLA	Don P. Wilson, MD, FNLA
Linda C. Hemphill, MD, FNLA	

Thank you to our Contributing Donors 2017:

Khattar Aizooky, MD	Reginald S. Fowler, MD	Trevor J. Orchard, MD, MMS
Lori A. Alexander, MSHS, RD, CLS, FNLA in memory of Ralph M. Vicari, MD, FNLA	Susan K. Fujii, PharmD, FNLA	Thomas P. Phiambolis, MD
Kim K. Birtcher, PharmD, CLS, FNLA	Anne Gangloff, MD, PhD	Mohammed S. Rais, MD
Piers R. Blackett, MD, FNLA	Naila Goldenberg, MD	David M. Reich, MD
Michael J. Bloch, MD, FNLA	Herbert M. Green, MD	Katherine S. Rhodes, PhD, RDN
Malika Boumati, MD	Robert S. Greenfield, MD, FNLA	Lucian C. Rice, MD
Dean A. Bramlet, MD, FNLA	Adina S. Gutstein, MSN, CRNP, CLS	Adela E. Robinson, MN, NP, CLS, FNLA
Basel Brikho, MD	Yehuda Handelsman, MD, FNLA	Hal M. Roseman, MD, MPH
Eliot A. Brinton, MD, FNLA	Stephen Henry, MD	Cranford L. Scott, MD
Amy W. Castellini	Stanley H. Hsia, MD	Livia P. Silva, MD
Nicole A. Ciffone, ANP-C, MS, CLS, FNLA	Lisa C. Hudgins, MD	Donna A. Skoog, NP
Jerome D. Cohen, MD, FNLA	Vanessa L. Hurta, NP, MS, CLS, FNLA	Robert D. Slama, MD
Gregory S. Cohn, MD, FNLA in memory of Ralph M. Vicari, MD, FNLA	Michael L. Isaacson, MD	Steven W. Smith, MD
Sonja L. Connor, MS	John P. Kane, MD, PhD	Donna D. Stanton, MD
Gary L. Conrad, MD	Matthew D. Kostoff, PharmD, CLS	Jerome H. Targovnik, MD
Lisa K. Davis, PA-C, CLS	Maris H. Krasnow	Cornelius Toma, MD
Susan Halli Demeter, DNP, CLS, FNLA	David J. Maron, MD	Milfred G. Wyman, MD
Susan M. Dimick, MD, MS, FNLA	Anthony L. McCall, MD, PhD	Paul E. Ziajka, MD, FNLA in memory of Ralph M. Vicari, MD, FNLA
Marc Elim in honor of Dr. and Mrs. James McKenney	Mary P. McGowan, MD, FNLA	Thomas W. Zoch, MD in honor of Gordon Zoch
James M. Falko, MD, FNLA	Michael Miller, MD	
Herbert A. Fischer, MD, PhD	Basant K. Mittal, MD	
	Terrance J. Moran, MD, FNLA	
	Pamela B. Morris, MD, FNLA	
	Chima Nwizu, MD	

Scan for Lipids

2017 was the seventh year the Foundation benefited from the NLA's "Scan for Lipids" program at its scientific meetings. Participating exhibitors who purchased a lead retrieval scanner donated a portion of their purchase to the Foundation.

Thank you to our "Scan for Lipids" Donors in 2017:

AcademicCME	Annenberg Center for Health Sciences	MotherToBaby Pregnancy Studies
Aegerion Pharmaceuticals, Inc.	Boston Heart Lab Corporation	Quest Diagnostics
Akcea Therapeutics	Carlson Laboratories, Inc.	Regeneron
Alexion Pharmaceuticals	Kastle Therapeutics	Retrophin, Inc.
Amarin Pharma Inc.	Kowa Pharmaceuticals	Rockpointe Corporation
Ambry Genetics	Mayo Medical Laboratories	Sanofi
Amgen Inc.	Medtelligence, LLC	

Thank you to our 2017 Award Sponsors:

The Aaron & Lillie Straus Foundation, *represented by Jamie A. Underberg, MD, MS, FNLA*
The Dyslipidemia Foundation, *represented by Ernst J. Schaefer, MD*