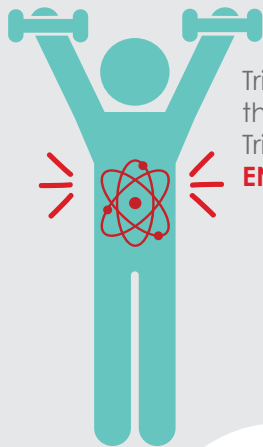
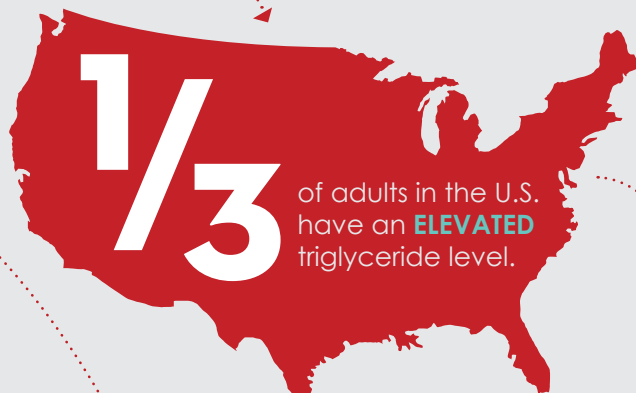


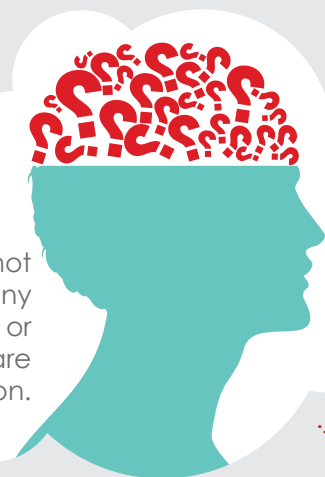
WHAT'S YOUR NUMBER?



Triglycerides are a form of **FAT** that circulates in your blood. Triglycerides are used as an **ENERGY SOURCE** by your body.



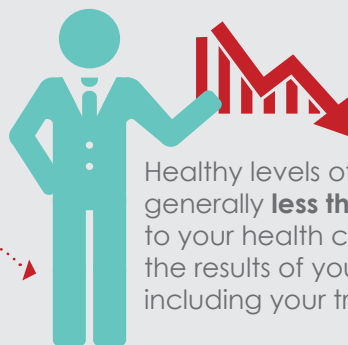
Patients may not recognize any **SYMPTOMS** or be aware of the condition.



Although your body needs some triglycerides, **TOO MUCH** may lead to heart disease, stroke or severe abdominal pain due to **IRRITATION** of the pancreas.



Your clinician will check your triglyceride level with a simple **BLOOD TEST**, usually as part of a full lipid profile test that will report your Total cholesterol, LDL cholesterol and HDL cholesterol.



Healthy levels of triglycerides are generally **less than 150 mg/dL***. Speak to your health care provider about the results of your entire lipid profile, including your triglyceride level.

*Since levels usually increase after a meal or snack, it is best to check triglycerides after fasting 8 hours or more.

Elevated triglycerides can be caused by a variety of medications and medical conditions. If your triglycerides are elevated, your healthcare provider will help determine the most likely cause and make recommendations about safe and effective ways to achieve a healthy level.